

Instruction

Patients' awareness about the proper method of sample collection

The method of collecting urine middle part for urine cultures

Note: To perform urine cultures, antibiotics should not be used at least for 3 days (in cases where it is not possible, the physician and laboratory must be notified).

1) Method of sample collection for women:

- ❖ Wash your hands with soap and water thoroughly.
- ❖ Open the lid of sample collection container. The container and the lid must not be infected.
- ❖ Open the genital skin folds. Wash the urethra and surrounding areas from front to back. If available, use toilet paper.
- ❖ Throw away the first part of your urine. Then, pour the middle part into the container used to collect urine. Half or, at least, one third of the container must be filled. Throw away the last part of your urine.
- ❖ Close the container's lid tightly.
- ❖ The container must be labeled with your specifications.
- ❖ Put the sample container in the place determined by the laboratory.
- ❖ If the sample is taken out of the lab, it should be delivered to the lab within a maximum period of 2 hours after the collection.

2) Method of sample collection for men:

- ❖ Wash your hands with soap and water thoroughly.
- ❖ Open the lid of sample collection container. The container and the lid must not be infected.
- ❖ Wash the urethra and surrounding areas. If available, use toilet paper.
- ❖ Throw away the first part of your urine. Then, pour the middle part into the container used to collect urine. Half or, at least, one third of the container must be filled.
- ❖ Close the container's lid tightly.
- ❖ The container must be labeled with your specifications.
- ❖ Put the sample container in the place determined by the laboratory.
- ❖ If the sample is taken out of the lab, it should be delivered to the lab within a maximum period of 2 hours after the collection.