



Instruction

Patients' awareness about the proper method of sample collection The method of collecting the stool regarding the hidden blood searching

In the day before and at the time of collecting the stool sample, refrain from eating the following materials:

1. Any kind of red meat (beef and lamb). It is better not to consume chicken and fish as well.
2. Uncooked fruits and vegetables such as turnip, radish, mushroom, broccoli, cauliflower, orange, banana, grape, cantaloupe and melon
3. Regarding the consumption of previously prescribed drugs, consult your doctor.
4. Women who have menstrual cycle must refrain the test for three days after the end of the period
5. Avoid taking the following drugs at least for one week before the test. Otherwise, the laboratory must be notified.

Salicylates such as aspirin, other non-steroidal anti-inflammatory drugs such as ibuprofen, indomethacin, diclofenac sodium, steroid medicines, vitamin C, antacids, iodine and ferruginous compounds

6. Consult your doctor about taking other drugs