

## Instruction

### Patients' awareness about the proper method of sample collection 24-hour urine collection instruction

- ❖ Before testing, high fluid intake should be avoided.
- ❖ In case of disease or drug consumption, the doctor and laboratory must be notified.
- ❖ The first morning urine should be thrown away. Then, for 24 hours, the urine should be collected in the container given by the lab.
- ❖ Last urine sample should be added the container on the following day, immediately after waking.
- ❖ During the sample collection period, keep the container in a cool place.
- ❖ If the container contains preservatives and strong acidic substances, the necessary precautions should be taken to avoid the sample splashing on the organs.
- ❖ Collected samples should be delivered to the laboratory as soon as possible.